For two million victims of domestic abuse, home may not be the safe place it should be.  
  
We can help support you if you are experiencing domestic abuse, you can contact Northumbria Police by telephone on 101 or 999 in an emergency.  
  
If you dial 999 and are unable to speak, the emergency operator will ask you to dial 55 and to follow their instructions to quickly put you in touch with police.  
  
You can also get information and report incidents online via our website www.northumbria.police.uk  
  
There is also a wide range of support services that we work closely with to support victims of domestic abuse.  
  
These services are available across our force area and offer fantastic support to victims in need of advice and information.  
  
Area specific:  
  
Northumberland  
DASN – Domestic Abuse Service Northumberland   
01670 820199  
  
North Tyneside  
Harbour  
0191 2513305  
  
Gateshead  
Domestic Abuse Team Gateshead   
0191 4333333  
  
Newcastle  
NIDAS- Newcastle Integrated DA Services  
0191 2146501  
  
South Tyneside  
Impact Family Services  
0737 5788835  
  
Sunderland  
Wearside Women In Need  
0800 0665555  
  
General:  
  
Angelou Centre  
(support for BME/refuges)  
0191 2260394  
  
National Domestic Abuse Helpline   
0808 2000247  
  
Men’s Advice Line  
0808 8010327  
  
National LGBT+ Domestic Abuse Helpline   
0800 9995428